# Bounds on the speed of propagation of the KPP fronts in a cellular flow 

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#### Abstract

We consider a reaction-diffusion-advection equation with a nonlinearity of the KPP type in a cellular flow. We show that the minimal pulsating traveling front speed $c_{*}(A)$ in a flow of amplitude $A$ satisfies the upper and lower bounds $C_{1} A^{1 / 4} \leq c_{*}(A) \leq C_{2} A^{1 / 4}$ for $A \gg 1$. We also analyze a related eigenvalue problem and establish an "averaging along the streamlines" principle for the positive eigenfunction when $A \gg 1$.


## 1 Introduction

Recently there has been a lot of mathematical studies of the effects of a fluid flow on the propagation of the reaction-diffusion fronts: see $[4,23]$ for recent reviews. One of the simplest models of this phenomenon is a single reaction-diffusion advection equation

$$
\begin{equation*}
T_{t}+u \cdot \nabla T=\Delta T+f(T) . \tag{1.1}
\end{equation*}
$$

Here $T$ is the temperature of the reactant, $0 \leq T \leq 1$, and $u$ is a prescribed fluid flow. The nonlinearity $f(T)$ is usually taken to be a Lipschitz function either of the KPP type, that is,

$$
\begin{equation*}
f(0)=f(1)=0, \quad f(T)>0 \text { for } 0<T<1, \quad f(T) \leq f^{\prime}(0) T, \tag{1.2}
\end{equation*}
$$

or of the ignition class:

$$
\begin{equation*}
f(T)=0 \text { for } T \in\left[0, \theta_{0}\right] \cup\{1\}, f(T)>0 \text { for } \theta_{0}<T<1 . \tag{1.3}
\end{equation*}
$$

This problem is considered in a two-dimensional strip $D=\mathbb{R}_{x} \times[0, L]_{y}$ with the periodic

$$
T(x, y)=T(x, y+L)
$$

or Neumann

$$
\frac{\partial T(x, y)}{\partial y}=0, \quad y=0, L
$$

boundary conditions in $y$. All our results below are formulated and proved with the periodic boundary conditions. However, the modifications required for the Neumann boundary conditions are invariably very minor, and the results still apply to that case as well. The boundary conditions at infinity are front-like:

$$
T \rightarrow 0 \text { as } x \rightarrow-\infty, T \rightarrow 1 \text { as } x \rightarrow+\infty .
$$

[^0]The reaction-diffusion fronts propagate from the right to the left end of the strip with these boundary conditions. It has been shown in [5] and [22] that, when the flow $u$ is spatially periodic and the nonlinearity $f(T)$ is either of the KPP or the ignition type, equation (1.1) admits pulsating traveling front solutions. They are of the form $T(t, x, y)=U(x-c t, x, y)$ with a function $U(s, x, y)$ that is monotonically increasing in the first variable and periodic in the last two. The speed $c$ of the pulsating traveling front is unique in the ignition case, while in the KPP case such solutions exists for all $c \geq c_{*}$ where $c_{*}$ is the minimal speed that is not a priori known explicitly. It has been further shown in [22] in the ignition case and in [6,21] in the KPP case that the general solutions of the Cauchy problem with front-like initial conditions travel asymptotically with the speed of the pulsating traveling front (the minimal speed $c_{*}$ in the KPP case).

One of the most physically interesting aspects of this problem is the speed-up of the propagation of the reaction-diffusion fronts by a strong advection. Mathematically, one is interested in the dependence of the asymptotic speed of propagation of front-like solutions of (1.1) on the amplitude and geometry of the flow $u$. The aforementioned results of $[6,21,22]$ show that when the flow is periodic this question is reduced to the estimates on the speed of the pulsating traveling fronts of

$$
\begin{equation*}
T_{t}+A u \cdot \nabla T=\Delta T+f(T) \tag{1.4}
\end{equation*}
$$

as the function of the flow amplitude $A$ and geometry of the streamlines of the fixed flow $u$. In particular, it has been shown in [8] that if the streamlines of $u$ are open and connect the left and right ends of the strip, then $c_{*}(A) \sim O(A)$, both in the ignition and KPP cases. In the special case of a shear flow of the form $u=(u(y), 0)$ an elementary proof of this result has been presented in [13]. Finally, it has been shown in [4] that in the KPP case the limit

$$
\bar{c}=\lim _{A \rightarrow \infty} \frac{c_{*}(A)}{A}
$$

exists for a shear flow.
The situation has been less clear when the flow has closed streamlines. We consider a class of cellular flows of the form $u=\nabla^{\perp} H=\left(H_{y},-H_{x}\right)$ with the stream-function $H(x, y)$ that has period $L=2$ both in $x$ and $y$. Moreover, we assume that the level set $\{H=0\}$ contains the union of the lines $\{x=2 N\}$ and $\{y=2 N\}, N \in \mathbb{N}$ and that the points of the form $(2 n, 2 m)$ are nondegenerate saddles of the function $H$ (as depicted on Figure 1.1). Moreover, we assume that other


Figure 1.1: A sketch of the level sets of the stream-function $H(x, y)$.
critical points of the function $H$ are also non-degenerate. A prototype example of such function is
$H(x, y)=\sin \pi x \sin \pi y$. It has been conjectured in [3] that

$$
\begin{equation*}
c_{*}(A) \sim A^{1 / 4} \tag{1.5}
\end{equation*}
$$

both in the ignition and KPP cases. This prediction has been supported by a homogenization reasoning in [8] and [15], as well as by the physical arguments and numerical simulations in [1, 2, 20]. However, as far as the rigorous arguments are concerned, the only known estimates for the speed are the lower bound $c_{*}(A) \geq C A^{1 / 5}$ obtained in [16] and the upper bound $c_{*}(A)=o(A)$ shown in $[4,7]$. They hold both for the ignition and KPP nonlinearities. The main result of this paper is the proof of (1.5) in the KPP case.

Theorem 1.1 Let the nonlinearity $f(T)$ be of the KPP type (1.2) and the stream function $H(x, y)$ satisfy the above assumptions. Then there exist two constants $C_{1,2}>0$ and $A_{0}>0$ so that the minimal pulsating traveling front speed $c_{*}(A)$ satisfies the upper and lower bounds

$$
\begin{equation*}
C_{1} A^{1 / 4} \leq c_{*}(A) \leq C_{2} A^{1 / 4} \tag{1.6}
\end{equation*}
$$

for all $A>A_{0}$.
As an immediate corollary of Theorem 1.1 and the maximum principle we deduce the upper bound $c(A) \leq C A^{1 / 4}$ for the unique speed of the pulsating traveling front in the ignition case. However, we do not prove the lower bound in the ignition case.

Theorem 1.1 is the main result of this paper. Its proof relies on the variational principle [5, 10] for the pulsating traveling front speed that reduces the problem to finding bounds for the principal eigenvalue of a certain advection-diffusion eigenvalue problem in a cellular flow. We also show that when the flow amplitude $A$ is high the corresponding eigenfunction becomes approximately constant along the streamlines of the flow: see Theorem 4.1.

The paper is organized as follows. We first recall the variational principle for the minimal front speed and the relevant eigenvalue problem in Section 2. We also present some basic properties of the principle eigenvalue here. Most of the results in this section are not new but we adopt a slightly different point of view on the problem: the roles of the free parameter and the principle eigenvalue are reversed. The basic estimates on the principle eigenvalue that imply Theorem 1.1 in a straightforward fashion are presented in Theorem 3.1 in Section 3. Finally, Section 4 contains the proof of Theorem 4.1, "the oscillation along a streamline estimate" on the eigenfunction. The methods of [18] are used here. An additional twist in the present problem is that the eigenfunction satisfies only the maximum principle but not the minimum principle - this difficulty is circumvented by the introduction of its modification that obeys the minimum principle but not the maximum principle. A combination of the two functions allows us to control the oscillation over a streamline.

A word on notation: we denote by $C$ all universal constants that do not depend on the flow amplitude $A$ throughout the paper. The period cell is denoted $\mathcal{C}=[0,2] \times[0,2]$, while $\mathbf{x}=(x, y)$.

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## 2 The variational principle for the speed

Let us recall the variational principle for the minimal front speed [5, 6, 7, 10]. It may be obtained in a quick formal way as follows. Consider the linearized KPP equation ahead of the front where $T$ is small:

$$
\begin{equation*}
\frac{\partial T}{\partial t}+A u \cdot \nabla T=\Delta T+f^{\prime}(0) T \tag{2.1}
\end{equation*}
$$

and look for the pulsating traveling front solutions of the form $T(t, \mathbf{x})=\phi(\mathbf{x}) \exp (\lambda(x+c t))$ with a positive periodic function $\phi(\mathbf{x})$. This leads to an eigenvalue problem for $\phi$

$$
\begin{equation*}
\mathcal{M}(\lambda) \phi:=\Delta \phi-A u \cdot \nabla \phi+2 \lambda \frac{\partial \phi}{\partial x}-\lambda A u_{1} \phi=\left(c \lambda-\lambda^{2}-f^{\prime}(0)\right) \phi . \tag{2.2}
\end{equation*}
$$

The Krein-Rutman theorem implies that the operator $\mathcal{M}(\lambda)$ has a unique eigenvalue $h(\lambda)$ that corresponds to a positive periodic eigenfunction $\phi(\mathbf{x} ; \lambda)$ :

$$
\begin{equation*}
\Delta \phi-A u \cdot \nabla \phi+2 \lambda \frac{\partial \phi}{\partial x}-\lambda A u_{1} \phi=h(\lambda) \phi, \quad \phi>0 \text { periodic. } \tag{2.3}
\end{equation*}
$$

The front speed $c$ then satisfies an equation

$$
h(\lambda)=c \lambda-\lambda^{2}-f^{\prime}(0)
$$

that may be re-written as

$$
\begin{equation*}
c=\frac{f^{\prime}(0)+\lambda^{2}+h(\lambda)}{\lambda} . \tag{2.4}
\end{equation*}
$$

It has been shown in [5] that the minimal front speed for the full nonlinear KPP equation (1.4) is the same as that for the linearized equation (2.1). Moreover, it is given by infimum of the right side of (2.4).

Theorem 2.1 [5] There exists a constant $c_{*}$ so that a pulsating traveling front solution of (1.4) exists for all $c \geq c_{*}$. The minimal front speed is described by the variational principle

$$
\begin{equation*}
c_{*}=\inf _{\lambda>0} \frac{f^{\prime}(0)+\lambda^{2}+h(\lambda)}{\lambda} . \tag{2.5}
\end{equation*}
$$

We note that the variational principle (2.5) as the characterization of the asymptotic propagation speed of the solutions of the Cauchy problem for (1.1) goes back to [10].

It is convenient to re-write the eigenvalue problem (2.3) in terms of the function $\psi(x, y)=$ $\phi(x, y) e^{\lambda x}$. This function is not periodic but rather belongs to the set

$$
E_{\lambda}^{+}=\left\{\psi(x, y): \phi(x, y)=\psi(x, y) e^{-\lambda x} \text { is periodic and } \psi>0\right\}
$$

The corresponding eigenvalue problem for $\psi(\mathbf{x})$ is

$$
\begin{equation*}
\mathcal{L} \psi:=\Delta \psi-A u \cdot \nabla \psi=\mu(\lambda) \psi, \quad \psi>0, \psi \in E_{\lambda}^{+} \tag{2.6}
\end{equation*}
$$

with $\mu(\lambda)=\lambda^{2}+h(\lambda)$. Now, the variational principle (2.5) may be re-stated as

$$
\begin{equation*}
c_{*}=\inf _{\lambda>0} \frac{f^{\prime}(0)+\mu(\lambda)}{\lambda}, \tag{2.7}
\end{equation*}
$$

where $\mu(\lambda)$ is the unique eigenvalue of (2.6). Expression (2.7) is the starting point of our analysis. Let us recall some basic properties of the function $\mu(\lambda)$.

Proposition 2.2 The principal eigenvalue $\mu(\lambda)$ of the problem (2.6) is characterized as follows:

$$
\begin{equation*}
\mu(\lambda)=\inf _{\phi \in E_{\lambda}^{+}} \sup _{\mathbf{x} \in \mathcal{C}} \frac{\mathcal{L} \phi}{\phi}=\sup _{\phi \in E_{\lambda}^{+}} \inf _{\mathbf{x} \in \mathcal{C}} \frac{\mathcal{L} \phi}{\phi} . \tag{2.8}
\end{equation*}
$$

Here $\mathcal{C}=[0,2] \times[0,2]$ is the period cell and the operator $\mathcal{L}$ is defined by (2.6).

Proof. This proposition has also been proved in [5], we present the proof for the convenience of the reader. First, it is obvious that with $\psi$ given by (2.6) we have

$$
\begin{equation*}
\inf _{\mathbf{x} \in \mathcal{C}} \frac{\mathcal{L} \psi}{\psi}=\sup _{\mathbf{x} \in \mathcal{C}} \frac{\mathcal{L} \psi}{\psi}=\mu \tag{2.9}
\end{equation*}
$$

Let us first assume that there exists a function $\eta \in E_{\lambda}^{+}$so that

$$
\inf _{\mathbf{x} \in \mathcal{C}} \frac{\mathcal{L} \eta}{\eta}=\mu+\delta, \quad \delta>0
$$

Then we define $q_{s}(\mathbf{x})=\psi(\mathbf{x})-s \eta(\mathbf{x})$. The function $q_{s}(x, y)>0$ for $s$ sufficiently small while $q_{s}(x, y)<0$ for $s$ sufficiently large. Let $\tau$ be the first value of $s$ so that $q_{\tau}\left(\mathbf{x}_{0}\right)=0$ at some point $\mathbf{x}_{0} \in \mathcal{C}$. We have $q_{\tau}(x, y) \geq 0$ - hence $q_{\tau}$ attains its minimum at $\mathbf{x}_{0}$. The same is true for the periodic function $w_{\tau}=e^{-\lambda x} q_{\tau}$. We recall that

$$
\Delta \psi-A u \cdot \nabla \psi=\mu(\lambda) \psi
$$

and

$$
\Delta \eta-A u \cdot \nabla \eta>(\mu(\lambda)+\delta) \eta
$$

which implies that

$$
\Delta q_{\tau}-A u \cdot \nabla q_{\tau}<\mu(\lambda) q_{\tau}-\delta \tau \eta
$$

Therefore, the function $w_{\tau}$ satisfies

$$
\begin{equation*}
\Delta w_{\tau}-A u \cdot \nabla w_{\tau}+2 \lambda \frac{\partial w_{\tau}}{\partial x}+\lambda^{2} w_{\tau}-\lambda A u_{1} w_{\tau}<\mu(\lambda) w_{\tau}-\delta \tau e^{-\lambda x} \eta \tag{2.10}
\end{equation*}
$$

However, $w_{\tau}$ is periodic and attains its minimum equal to zero at $\mathbf{x}_{0}$ so that both $w_{\tau}\left(\mathbf{x}_{0}\right)=0$ and $\nabla w_{\tau}\left(\mathbf{x}_{0}\right)=0$. Thus, it follows from (2.10) that at this point:

$$
\Delta w\left(\mathbf{x}_{0}\right)<-\delta \tau e^{-\lambda x_{0}} \eta\left(\mathbf{x}_{0}\right)<0 .
$$

This contradicts the fact that $w$ attains its minimum at $\mathbf{x}_{0}$. Hence we have

$$
\mu(\lambda)=\sup _{\phi \in E_{\lambda}^{+}} \inf _{x \in D} \frac{\mathcal{L} \phi}{\phi} .
$$

The other equality in (2.8) is proved similarly.
Proposition 2.3 The function $\mu(\lambda)$ is convex.
Proof. The proof is once again from [5]. We will show that

$$
\mu\left(t \lambda_{1}+(1-t) \lambda_{2}\right) \leq t \mu\left(\lambda_{1}\right)+(1-t) \mu\left(\lambda_{2}\right) \text { for all } 0 \leq t \leq 1 .
$$

The min-max principle (2.8) implies that it suffices to show that given any pair of functions $f_{1} \in E_{\lambda_{1}}^{+}$ and $f_{2} \in E_{\lambda_{2}}^{+}$there exists a function $\phi \in E_{\lambda}^{+}, \lambda=t \lambda_{1}+(1-t) \lambda_{2}$, so that

$$
\begin{equation*}
\frac{\mathcal{L} \phi}{\phi} \leq t \frac{\mathcal{L} f_{1}}{f_{1}}+(1-t) \frac{\mathcal{L} f_{2}}{f_{2}} . \tag{2.11}
\end{equation*}
$$

We claim that (2.11) holds with

$$
\begin{equation*}
\phi=f_{1}^{t} f_{2}^{1-t} . \tag{2.12}
\end{equation*}
$$

Indeed, if $f_{1} \in E_{\lambda_{1}}^{+}, f_{2} \in E_{\lambda_{2}}^{+}$it is straightforward to check that the function $e^{-\lambda x} \phi$ is periodic so that $\phi \in E_{\lambda}^{+}$. We verify that

$$
\begin{aligned}
\Delta \phi=\Delta\left(f_{1}^{t} f_{2}^{1-t}\right) & =t f_{1}^{t-1} f_{2}^{1-t} \Delta f_{1}+(1-t) f_{1}^{t} f_{2}^{-t} \Delta f_{2}-t(1-t) f_{1}^{t} f_{2}^{1-t}\left(\frac{\left|\nabla f_{1}\right|}{f_{1}}-\frac{\left|\nabla f_{2}\right|}{f_{2}}\right)^{2} \\
& \leq f_{1}^{t} f_{2}^{1-t}\left[t \frac{\Delta f_{1}}{f_{1}}+(1-t) \frac{\Delta f_{2}}{f_{2}}\right] .
\end{aligned}
$$

Furthermore, using the above inequality and the function $\phi$ as in (2.12), we obtain

$$
\begin{aligned}
\frac{\mathcal{L} \phi}{\phi}= & \frac{1}{f_{1}^{t} f_{2}^{1-t}}\left[\Delta\left(f_{1}^{t} f_{2}^{1-t}\right)-A u \cdot \nabla\left(f_{1}^{t} f_{2}^{1-t}\right)\right] \\
& \leq t \frac{\Delta f_{1}}{f_{1}}+(1-t) \frac{\Delta f_{2}}{f_{2}}-A\left[t \frac{u \cdot \nabla f_{1}}{f_{1}}+(1-t) \frac{u \cdot \nabla f_{2}}{f_{2}}\right]=t \frac{\mathcal{L} f_{1}}{f_{1}}+(1-t) \frac{\mathcal{L} f_{2}}{f_{2}} .
\end{aligned}
$$

Thus (2.11) holds and therefore the function $\mu(\lambda)$ is convex.
Proposition 2.4 The function $\mu(\lambda) \geq 0$ is positive and monotonically increasing for $\lambda>0$.
Proof. Since $\mu(0)=0$ and $\mu(\lambda)$ is a convex function, it suffices to check that $\mu^{\prime}(0)=0$. Let $w=e^{-\lambda x} \psi$ be the positive periodic function that satisfies

$$
\Delta w-A u \cdot \nabla w+2 \lambda \frac{\partial w}{\partial x}-\lambda A u_{1} w+\lambda^{2} w=\mu(\lambda) w
$$

Integrating over the period cell $\mathcal{C}$ and using the incompressibility of the flow $u$ we obtain

$$
-\lambda A \int_{\mathcal{C}} u_{1} w d \mathbf{x}+\lambda^{2} \int_{\mathcal{C}} w d \mathbf{x}=\mu(\lambda) \int_{\mathcal{C}} w d \mathbf{x}
$$

As $w(x ; \lambda=0) \equiv 1$, and $u_{1}$ has mean zero, it follows that

$$
\mu^{\prime}(0)=\lim _{\lambda \rightarrow 0} \frac{\mu(\lambda)}{\lambda}=-\frac{A}{|\mathcal{C}|} \int_{\mathcal{C}} u_{1}(\mathbf{x}) d \mathbf{x}=0
$$

This finishes the proof of Proposition 2.4.
Propositions 2.3 and 2.4 allow us to define the inverse function $\lambda=\lambda(\mu)$ that is increasing and concave. The eigenvalue problem (2.6) may re-formulated as follows: given $\mu \geq 0$ find the eigenvalue $\lambda$ so that the problem

$$
\begin{equation*}
\Delta \psi-A u \cdot \nabla \psi=\mu \psi, \tag{2.13}
\end{equation*}
$$

has a solution $\psi \in E_{\lambda}^{+}$. Existence and uniqueness of the eigenvalue $\lambda(\mu)$ follows from the previous arguments. We will adopt this point of view. The variational principle (2.7) for the minimal front speed now becomes

$$
\begin{equation*}
c_{*}=\inf _{\mu>0} \frac{f^{\prime}(0)+\mu}{\lambda(\mu)} . \tag{2.14}
\end{equation*}
$$

## 3 The eigenvalue enhancement estimate

The proof of Theorem 1.1 is based on the variational principle (2.14). Namely, we prove the following "eigenvalue enhancement" estimate.

Theorem 3.1 There exist two constants $\mu_{0}>0$ and $A_{0}>0$ that are independent of the flow amplitude $A$ and a pair of positive constants $C_{1}$ and $C_{2}$ so that

$$
\begin{equation*}
\frac{C_{1}}{A^{1 / 4}} \sqrt{\mu} \leq \lambda(\mu) \leq \frac{C_{2}}{A^{1 / 4}} \sqrt{\mu} \tag{3.1}
\end{equation*}
$$

for all $\mu<\mu_{0}$ and all $A>A_{0}$.
We first show that Theorem 1.1 follows immediately from Theorem 3.1.
Proof of Theorem 1.1. The variational principle (2.14) implies that

$$
\begin{equation*}
\min \left\{\inf _{0<\mu<\mu_{0}} \frac{f^{\prime}(0)+\mu}{\lambda(\mu)}, \inf _{\mu_{0} \leq \mu} \frac{\mu}{\lambda(\mu)}\right\} \leq c_{*} \leq \inf _{0<\mu<\mu_{0}} \frac{f^{\prime}(0)+\mu}{\lambda(\mu)} \tag{3.2}
\end{equation*}
$$

Now, for the upper bound we have, using (3.1)

$$
\begin{equation*}
c_{*} \leq \inf _{0<\mu<\mu_{0}} \frac{\left(f^{\prime}(0)+\mu\right) A^{1 / 4}}{C_{1} \sqrt{\mu}} \leq C A^{1 / 4} \tag{3.3}
\end{equation*}
$$

which is the upper bound in (1.6). In order to get the lower bound in (1.6) we observe that, first, it follows from (3.1) that

$$
\begin{equation*}
\inf _{0<\mu<\mu_{0}} \frac{f^{\prime}(0)+\mu}{\lambda(\mu)} \geq \inf _{0<\mu<\mu_{0}} \frac{\left(f^{\prime}(0)+\mu\right) A^{1 / 4}}{C_{2} \sqrt{\mu}} \geq C^{\prime} A^{1 / 4} \tag{3.4}
\end{equation*}
$$

Second, as the function $\mu(\lambda)$ is concave and increasing,

$$
\begin{equation*}
\inf _{\mu_{0} \leq \mu} \frac{\mu}{\lambda(\mu)}=\frac{\mu_{0}}{\lambda\left(\mu_{0}\right)} \geq \frac{A^{1 / 4}}{C_{2}} \tag{3.5}
\end{equation*}
$$

Using (3.4) and (3.5) in the left side of (3.2) we conclude that $c_{*} \geq C A^{1 / 4}$. This finishes the proof of Theorem 1.1.

## The proof of Theorem 3.1

Let us re-write the eigenvalue problem (2.13) in terms of the function $\zeta(\mathbf{x})=\ln \psi(\mathbf{x})$. We obtain the following problem

$$
\begin{align*}
& \Delta \zeta-A u \cdot \nabla \zeta=\mu-|\nabla \zeta|^{2}, \quad(x, y) \in \mathcal{C}=[0,2] \times[0,2] \\
& \zeta(x+2, y)=\zeta(x, y)+2 \lambda(\mu)  \tag{3.6}\\
& \zeta(x, y+2)=\zeta(x, y)
\end{align*}
$$

Note that $\nabla \zeta$ is a periodic function and $u \cdot n=0$ on the boundary $\partial \mathcal{C}$ of the period cell. Therefore, integrating (3.6) over the period cell we obtain

$$
\begin{equation*}
\mu=\frac{1}{|\mathcal{C}|} \int_{\mathcal{C}}|\nabla \zeta|^{2} d x d y \tag{3.7}
\end{equation*}
$$

Moreover, the log-eigenfunction $\zeta$ is defined up to an additive constant, and therefore can be chosen to be mean-zero. The Poincare inequality implies then

$$
\begin{equation*}
\|\zeta\|_{L^{2}(\mathcal{C})} \leq C \sqrt{\mu} \tag{3.8}
\end{equation*}
$$

We decompose the function $\zeta$ into a linearly growing part and a periodic component as

$$
\zeta=T_{1}+S
$$

Here the function $T_{1}$ solves a homogeneous equation with the inhomogeneous boundary conditions

$$
\begin{align*}
& \Delta T_{1}-A u \cdot \nabla T_{1}=0  \tag{3.9}\\
& T_{1}(x+2, y)=T_{1}(x, y)+2 \lambda, \quad T_{1}(x, y+2)=T_{1}(x, y), \quad \int_{\mathcal{C}} T_{1}(x, y) d x d y=0 .
\end{align*}
$$

The mean-zero periodic function $S$ solves

$$
\begin{equation*}
\Delta S-A u \cdot \nabla S=\mu-\left|\nabla\left(T_{1}+S\right)\right|^{2} \tag{3.10}
\end{equation*}
$$

We first look at (3.9). This very problem arises as the cell problem in the computation of the effective diffusivity for the cellular flows $[9,14,17,18,19]$. We recall that the function $T_{1}$ has the form $T_{1}(x, y)=\lambda(x-1+\chi(x, y))$ with a mean-zero function $\chi$ that is periodic and satisfies the bounds [17]

$$
\begin{equation*}
C_{1} \sqrt{A} \leq \int_{\mathcal{C}}|\nabla \chi|^{2} d x d y \leq C_{2} \sqrt{A}, \quad A>A_{0} \tag{3.11}
\end{equation*}
$$

It follows that

$$
\begin{equation*}
C_{1} \lambda^{2} \sqrt{A} \leq \int_{\mathcal{C}}\left|\nabla T_{1}\right|^{2} d x d y \leq C_{2} \lambda^{2} \sqrt{A} \tag{3.12}
\end{equation*}
$$

for $A>A_{0}$. Therefore, the Poincaré inequality implies that

$$
\begin{equation*}
\left\|T_{1}\right\|_{L^{2}(\mathcal{C})} \leq C \lambda A^{1 / 4}, \quad A>A_{0} \tag{3.13}
\end{equation*}
$$

Moreover, we will show that the function $T_{1}$ satisfies the following uniform upper bound.
Lemma 3.2 There exist constants $C>0$ and $A_{0}>0$ so that

$$
\begin{equation*}
\left\|T_{1}\right\|_{L^{\infty}(\mathcal{C})} \leq C \lambda A^{1 / 4} \tag{3.14}
\end{equation*}
$$

for all $A>A_{0}$
We postpone the proof of this lemma for the moment. Note, however, that when the stream-function $H(x, y)$ is symmetric

$$
\begin{equation*}
H(-x, y)=-H(x, y) \tag{3.15}
\end{equation*}
$$

then the function $T_{1}$ satisfies a trivial estimate $-\lambda \leq T_{1}(x, y) \leq \lambda$ : see [9].
Lemma 3.3 There exists a constant $B_{0}>0$ so that

$$
\begin{equation*}
\lambda(\mu) \leq B_{0} \sqrt{\mu} \tag{3.16}
\end{equation*}
$$

Proof. This inequality follows immediately from (3.7):

$$
\begin{equation*}
\mu=\int_{\mathcal{C}}|\nabla \zeta|^{2} \frac{d x d y}{|\mathcal{C}|} \geq \int_{\mathcal{C}}\left|\zeta_{x}\right|^{2} \frac{d x d y}{|\mathcal{C}|} \geq\left(\int_{\mathcal{C}} \zeta_{x} \frac{d x d y}{|\mathcal{C}|}\right)^{2}=\frac{\lambda^{2}}{B_{0}^{2}} \tag{3.17}
\end{equation*}
$$

with $B_{0}=|\mathcal{C}| / 2$.
A key ingredient in the proof of Theorem 3.1 is the following lemma.

Lemma 3.4 There exist constants $C>0$ and $A_{0}>0$ so that

$$
\begin{equation*}
\zeta(x, y) \leq C \sqrt{\mu} \tag{3.18}
\end{equation*}
$$

for all $(x, y) \in \mathcal{C}$ and $A>A_{0}$
The proof of Lemma 3.4 is also postponed for the moment. We first finish the proof of Theorem 3.1. It follows from (3.14) and (3.18) that

$$
\begin{equation*}
S(x, y) \leq C\left[\lambda A^{1 / 4}+\sqrt{\mu}\right] \tag{3.19}
\end{equation*}
$$

Furthermore, observe that it follows from (3.7) that

$$
\mu=\int_{\mathcal{C}}|\nabla \zeta|^{2} \frac{d x d y}{|\mathcal{C}|}=\int_{\mathcal{C}}\left|\nabla\left(T_{1}+S\right)\right|^{2} \frac{d x d y}{|\mathcal{C}|}
$$

Now, the triangle inequality implies that

$$
\begin{equation*}
\left|\sqrt{\mu}-\left\|\nabla T_{1}\right\|_{L^{2}}\right| \leq\|\nabla S\|_{L^{2}} \tag{3.20}
\end{equation*}
$$

Next, we multiply equation (3.10) by the periodic function $S$ and integrate over the period $\mathcal{C}$. Using the fact that $S$ has mean zero and (3.19), we obtain

$$
\begin{equation*}
\|\nabla S\|_{L_{2}}^{2}=\int_{\mathcal{C}} S\left|\nabla\left(T_{1}+S\right)\right|^{2} d x d y \leq C\left[\lambda A^{1 / 4}+\sqrt{\mu}\right] \int_{\mathcal{C}}|\nabla \zeta|^{2} d x d y \leq C\left[\lambda A^{1 / 4} \mu+\mu \sqrt{\mu}\right] \tag{3.21}
\end{equation*}
$$

Finally, (3.20) and the corrector bound (3.12) imply that we have

$$
\sqrt{\mu} \leq C\left[\lambda A^{1 / 4}+\sqrt{\mu} \sqrt{\lambda} A^{1 / 8}+\mu^{3 / 4}\right] \leq C\left[\lambda A^{1 / 4}+\mu+\mu^{3 / 4}\right]
$$

and

$$
\sqrt{\mu} \geq C^{-1}\left[\lambda A^{1 / 4}-\sqrt{\mu} \sqrt{\lambda} A^{1 / 8}-\mu^{3 / 4}\right] \geq C^{-1}\left[\lambda A^{1 / 4}-\mu-\mu^{3 / 4}\right]
$$

Hence, (3.1) follows for $\mu<\mu_{0}$ with $\mu_{0}$ independent of $A$. This finishes the proof of Theorem 3.1.

## The proof of Lemmas 3.2 and 3.4

Both Lemma 3.2 and Lemma 3.4 follow from the following Proposition.
Proposition 3.5 Let a mean-zero function $q(x, y)$ be periodic in $y$ and satisfy

$$
\begin{align*}
& \Delta q-A u \cdot \nabla q+|\nabla q|^{2} \geq 0, \quad(x, y) \in \mathbb{R}^{2} \\
& q(x+2, y)=q(x, y)+2 \alpha, \quad q(x, y+2)=q(x, y), \quad \int_{\mathcal{C}} q(x, y) d x d y=0 \tag{3.22}
\end{align*}
$$

with a fixed number $\alpha>0$. Then there exists a constant $C>0$ so that

$$
\begin{equation*}
q(x, y) \leq C\left[\alpha+\|\nabla q\|_{L^{2}(\mathcal{C})}\right] \tag{3.23}
\end{equation*}
$$

for all $(x, y) \in \mathcal{C}=[0,2] \times[0,2]$.

Proof. Let $\mathcal{C}=[0,2] \times[0,2]$ be the period cell. The function $q$ satisfies the maximum principle and thus has to attain its maximum over $\mathcal{C}$ at the boundary $\partial \mathcal{C}$. Moreover, the periodicity of $q(x, y)$ in $y$ implies that the maximum of the function $q$ over the period cell is achieved at one of the vertical boundaries $x=0$ or $x=2$. However, the boundary condition

$$
q(x+2, y)=q(x, y)+2 \alpha
$$

implies that the maximum is actually achieved along the line $x=2$, say, at a point $\mathbf{x}_{1}=\left(2, y_{0}\right)$. We denote $q\left(\mathbf{x}_{1}\right)=M:=\sup _{\mathbf{x} \in \mathcal{C}} q(\mathbf{x})$. Consider the corresponding point $\mathbf{x}_{0}=\left(0, y_{0}\right)$ on the left boundary of the cell, where $q\left(\mathbf{x}_{0}\right)=M-2 \alpha$. The function $q$ attains its maximum over the previous period cell $\mathcal{C}_{-1}=[-2,0] \times[0,2]$ at this point. Therefore, according to the strong maximum principle, the vector $\nabla q\left(\mathbf{x}_{0}\right)$ points out of $\mathcal{C}_{-1}$ and into the cell $\mathcal{C}$. It follows that given any $\xi \in[0,2]$ there exists $s(\xi) \in[0,2]$ so that $q(\xi, s(\xi)) \geq M-2 \alpha$. Indeed, consider the function $q$ in the rectangle $D(\xi)=[0, \xi] \times[0,2]$. It has to attain its maximum over $D(\xi)$ on the boundary $\partial D(\xi)$. However, once again, the $y$-periodicity of $q$ and the strong maximum principle imply that it cannot do so at the horizontal boundaries $\{y=0\}$ or $\{y=2\}$. Moreover, as $\nabla q$ points inside $D(\xi)$ at the point $\mathbf{x}_{0}$, where $q(x, y)$ attains its maximum over $\{x=0\}$, it has to attain its maximum over $D(\xi)$ along the line $\{x=\xi\}$. In particular, the value of this maximum has to be larger than $M-2 \alpha$, which is its maximum over the line $\{x=0\}$. We conclude that

$$
\begin{equation*}
\text { for any } \xi \in[0,2] \text { there exists } s(\xi) \in[0,2] \text { such that } q(\xi, s(\xi)) \geq \sup _{\mathbf{x} \in \mathcal{C}} q(\mathbf{x})-2 \alpha \text {. } \tag{3.24}
\end{equation*}
$$

On the other hand, observe that there exists a constant $B_{1}>0$ and a constant $B_{2}>0$ so that if we define the set $\mathcal{A} \subset[0,2]$ as

$$
\begin{equation*}
\mathcal{A}=\left\{x \in[0,2]: \exists r(x) \in[0,2] \text { such that }|q(x, r(x))| \leq B_{1}\|q\|_{L^{2}(\mathcal{C})}\right\} \tag{3.25}
\end{equation*}
$$

then

$$
\begin{equation*}
|\mathcal{A}| \geq B_{2} \tag{3.26}
\end{equation*}
$$

Now, (3.24) and (3.25)-(3.26) imply that

$$
\int_{0}^{2}\left|\frac{\partial q}{\partial y}\right|^{2} d y \geq \frac{1}{2}\left(M-2 \alpha-B_{1}\|q\|_{L^{2}(\mathcal{C})}\right)^{2}
$$

for all $x \in \mathcal{A}$. Integrating over $x \in \mathcal{A}$ we obtain

$$
\int_{\mathcal{C}}|\nabla q|^{2} \frac{d x d y}{|\mathcal{C}|} \geq \int_{\mathcal{A}}\left|\frac{\partial q}{\partial y}\right|^{2} \frac{d x d y}{|\mathcal{C}|} \geq C B_{2}\left(M-2 \alpha-B_{1}\|q\|_{L^{2}(\mathcal{C})}\right)^{2}
$$

It follows from the above and the Poincaré inequality that

$$
M=\sup _{\mathbf{x} \in \mathcal{C}} q(\mathbf{x}) \leq C\left[\alpha+\|q\|_{L^{2}(\mathcal{C})}+\|\nabla q\|_{L^{2}(\mathcal{C})}\right] \leq C\left[\alpha+\|\nabla q\|_{L^{2}(\mathcal{C})}\right] .
$$

This completes the proof of Proposition 3.5.
The proof of Lemma 3.2. Equation (3.9) implies that we may apply Proposition 3.5 both to the function $T_{1}(x, y)$ and $T_{1}^{\prime}(x, y)=-T_{1}(-x, y)$ (the latter requires also reflecting the flow $u(x, y)$ but that is not important) with $\alpha=\lambda$. Then (3.14) follows from the gradient bound (3.12).

The proof of Lemma 3.4. The proof of this lemma is another straightforward application of Proposition 3.5. Indeed, equations (3.6) and (3.23) imply that (3.18) follows immediately from (3.7) and (3.16).

## 4 An oscillation bound on the log-eigenfunction

In this section we show that the log-eigenfunction $\zeta(\mathbf{x})$ (and hence the eigenfunction $\psi(\mathbf{x})$ itself) becomes nearly constant along each streamline of the flow away from the flow separatrices. This phenomenon is familiar from other problems that involve high amplitude cellular flows [11, 12, 17, 18, 19], where solutions of advection-diffusion problems become uniform over the flow streamlines. In this section we take a particular stream-function $H(x, y)=\sin \pi x \sin \pi y$ - this is not crucial for the proof but the fact that $H$ is an eigenfunction of the Laplacian does simplify some of the arguments.

Theorem 4.1 Let $\mathcal{L}(h)=\{H(\mathbf{x})=h\}$ be a level set of the function $H(\mathbf{x})$ with $h \geq h_{0}>0$ and let $M(h)$ and $m(h)$ be the maximum and minimum of the function $\zeta(\mathbf{x})$ over $\mathcal{L}(h)$. Then there exist a constant $C>0$ that depends on $h_{0}$ but not the flow amplitude $A$, and constants $\mu_{0}, A_{0}$ so that if $0<\mu<\mu_{0}$ and $A \geq A_{0}$, then

$$
\begin{equation*}
M(h)-m(h) \leq C\left[\frac{\sqrt{\mu}}{A^{1 / 4}}+\frac{\mu}{\sqrt{A}}\right] . \tag{4.1}
\end{equation*}
$$

Proof. We prove that $\zeta$ is almost constant along a level-set $H=h \geq h_{0}>0$, by using the techniques from [18]. The proof is by contradiction. We assume that

$$
\begin{equation*}
M(h)-m(h) \geq N\left[\frac{\sqrt{\mu}}{A^{1 / 4}}+\frac{\mu}{\sqrt{A}}\right] \tag{4.2}
\end{equation*}
$$

and show that if the constant $N$ is sufficiently large then we arrive at a contradiction.
The function $\zeta$ satisfies the maximum principle: given a domain $\Omega$ we have

$$
\begin{equation*}
\zeta(\mathbf{x}) \leq\left.\max \zeta\right|_{\partial \Omega} \text { for all } \mathbf{x} \in \Omega \text {. } \tag{4.3}
\end{equation*}
$$

However, it might not satisfy the minimum principle. In order to overcome this issue we construct a new function $\zeta_{0}$ that is close to $\zeta$ and satisfies the minimum principle. Here is the construction. Consider the flow cell $[0,1] \times[0,1]$, where $H>0$ and define the function $\zeta_{0}=\zeta+\eta g$, with $g=$ $\ln H$. Here $H=\sin \pi x \sin \pi y$ is the stream-function for the cellular flow, and the constant $\eta$ is to be determined. The function $\zeta_{0}$ is defined away from the separatrices where $H=0$. A direct computation shows that $\zeta_{0}$ satisfies

$$
\Delta \zeta_{0}-A u \cdot \nabla \zeta_{0}+2 \eta \nabla g \cdot \nabla \zeta_{0}=-\left|\nabla \zeta_{0}\right|^{2}-\eta^{2}|\nabla g|^{2}+\mu+\eta \Delta g .
$$

However, we have

$$
\Delta g=\frac{\Delta H}{H}-\frac{|\nabla H|^{2}}{H^{2}}=-2 \pi^{2}-\frac{|\nabla H|^{2}}{H^{2}}
$$

so that with the choice $\eta=\mu /\left(2 \pi^{2}\right)$ we obtain

$$
\Delta \zeta_{0}-A u \cdot \nabla \zeta_{0}+2 \mu \nabla g \cdot \nabla \zeta_{0}=-\left|\nabla \zeta_{0}\right|^{2}-\left(\frac{\mu^{2}}{4 \pi^{4}}+\frac{\mu}{2 \pi^{2}}\right) \frac{|\nabla H|^{2}}{H^{2}} \leq 0
$$

Therefore, the function $\zeta_{0}$ satisfies the minimum principle - it may attain its minimum over a domain only on the boundary of the domain. Hence, we have inside a level set $\left\{H=h_{0}\right\}$

$$
\zeta(x, y)+\frac{\mu}{2 \pi^{2}} g(x, y) \geq\left.\min \zeta\right|_{\partial \Omega_{0}}+\frac{\mu}{2 \pi^{2}} g\left(h_{0}\right), \quad(x, y) \in \Omega_{0},
$$

where $\Omega_{0}$ is the interior of that level set. Another way to write the minimum principle is

$$
\begin{equation*}
\zeta(x, y) \geq\left.\min \zeta\right|_{\partial \Omega_{0}}+\frac{\mu}{2 \pi^{2}} \ln \frac{h_{0}}{H(x, y)}, \quad(x, y) \in \Omega_{0} . \tag{4.4}
\end{equation*}
$$

Let $\mathcal{L}(\alpha)=\{H=\alpha\}$ and $\mathcal{L}(\beta)=\{H=\beta\}$ with $\beta \geq \alpha$ be two level sets of the stream-function $H$, such that $\mathcal{L}(\beta)$ is contained in the interior of $\mathcal{L}(\alpha)$. We denote by $\mathcal{D}(h)=\{H \geq h\}$ the region bounded by $\mathcal{L}(h)$. Then (4.3) and (4.4) imply an oscillation inequality

$$
\begin{equation*}
M(\beta)-m(\beta) \leq M(\alpha)-m(\alpha)+\frac{\mu}{2 \pi^{2}} \ln \frac{\beta}{\alpha} . \tag{4.5}
\end{equation*}
$$

In order to show that the oscillation far away from the separatrices is small we start with a level set $\mathcal{L}(h)=\{H=h\}$ and consider a pair of gradient curves (see Figure 4.1)

$$
\begin{equation*}
\frac{d \gamma_{m}}{d t}=-\nabla \zeta_{0}\left(\gamma_{m}(t)\right), \quad \gamma_{m}(0)=\mathbf{x}_{m}(h), \tag{4.6}
\end{equation*}
$$

and

$$
\begin{equation*}
\frac{d \gamma_{M}}{d t}=\nabla \zeta\left(\gamma_{M}(t)\right), \quad \gamma_{M}(0)=\mathbf{x}_{M}(h) . \tag{4.7}
\end{equation*}
$$

Here $\mathbf{x}_{m}$ and $\mathbf{x}_{M}$ are the points on the level set $\mathcal{L}(h)$ where the function $\zeta_{0}$ attains its minimum and maximum, respectively. As the difference of the functions $\zeta_{0}$ and $\zeta$ is constant on streamlines, these points are also the minimum and maximum of the function $\zeta_{0}$ along $\mathcal{L}(h)$. Note that the gradient curve that exits from the maximum is determined by the function $\zeta$, that satisfies the maximum principle, while the curve exiting from the minimum is determined by the function $\zeta_{0}$, that obeys the minimum principle. As a consequence of the maximum and the minimum principles both of the curves $\gamma_{m}(t)$ and $\gamma_{M}(t)$ start in the direction of the outward normal to the region $\mathcal{D}(h)$.

In principle, one of these two curves may end at a critical point of the corresponding function, $\zeta$ or $\zeta_{0}$, respectively. In order to avoid this situation we surround those critical points $\mathbf{x}_{j}, j=1, \ldots, N_{A}$ by small circles $U_{j}=U\left(\mathbf{x}_{j} ; r\right)$ of the radius $r \ll 1$ so small that the oscillations of the functions $\zeta$ and $\zeta_{0}$ over each circle satisfy

$$
\begin{equation*}
\operatorname{osc}_{U_{j}} \zeta+\operatorname{osc}_{U_{j}} \zeta_{0} \leq \frac{\delta(M(h)-m(h))}{1+N_{A}}, \quad j=1, \ldots, N_{A} \tag{4.8}
\end{equation*}
$$

with a sufficiently small number $\delta>0$. Then, if one of the gradient curves, say $\gamma_{M}$, hits one of the circles $U_{j}$, we continue it along $U_{j}$, with the speed equal to one, to the point $\mathbf{x}_{j}^{M}$, where the function $\zeta_{M}$ attains its maximum over $U_{j}$. The maximum principle implies that $\nabla \zeta$ points outward of $U_{j}$ at this point, hence we may continue $\gamma_{M}$ as a gradient curve that goes out of $\mathbf{x}_{j}^{M}$. Observe also that $\gamma_{m}$ and $\gamma_{M}$ may not hit the same circle $U_{j}$ twice - the sequences of values of $\zeta_{0}$ and $\zeta$ at the departure times from each consecutive circle are strictly decreasing and increasing, respectively.

Note that, as a consequence of their construction, $|\nabla \zeta|$ and $\left|\nabla \zeta_{0}\right|$ are bounded away from zero along $\gamma_{m}$ and $\gamma_{M}$, hence, for instance,

$$
\begin{equation*}
\zeta\left(\gamma_{M}(t)\right) \geq \zeta\left(\mathbf{x}_{M}(h)\right)+C_{A} t-\frac{\delta(M(h)-m(h))}{1+N_{A}} \tag{4.9}
\end{equation*}
$$

where $C_{A}>0$. The last term above accounts for the fact that at time $t$ the curve may be at one of the circles $U_{j}$. The lower bound (4.9) and the continuity of the function $\zeta$ imply that $t$ is bounded above, so that given any level set $\mathcal{L}\left(h^{\prime}\right)$ that encloses $\mathcal{L}(h)$ both curves $\gamma_{m}$ and $\gamma_{M}$ have to intersect eventually $\mathcal{L}\left(h^{\prime}\right)$.

Next, we make sure that $\gamma_{m}$ and $\gamma_{M}$ do not intersect each other before they intersect a given level set $\mathcal{L}\left(h^{\prime}\right)$. Note that

$$
\zeta\left(\gamma_{M}(t)\right) \geq M(h)-\frac{\delta(M(h)-m(h))}{1+N_{A}}
$$

for all $t \geq 0$, while

$$
\zeta_{0}\left(\gamma_{m}(s)\right) \leq \zeta_{0}\left(\mathbf{x}_{m}\right)+\frac{\delta(M(h)-m(h))}{1+N_{A}} .
$$

The latter inequality implies that

$$
\begin{aligned}
\zeta\left(\gamma_{m}(s)\right) & \leq \zeta\left(\mathbf{x}_{m}\right)+\frac{\delta(M(h)-m(h))}{1+N_{A}}+\frac{\mu}{2 \pi^{2}} \ln \left[\frac{h}{H\left(\gamma_{m}(s)\right)}\right] \\
& =m(h)+\frac{\mu}{2 \pi^{2}} \ln \left[\frac{h}{H\left(\gamma_{m}(s)\right)}\right]+\frac{\delta(M(h)-m(h))}{1+N_{A}} .
\end{aligned}
$$

Therefore, if we take $\delta>0$ sufficiently small, the curves $\gamma_{m}$ and $\gamma_{M}$ may not intersect, as long as they stay inside a level set $\mathcal{L}\left(h^{\prime}\right)$, with

$$
h^{\prime}=h-\frac{1}{\sqrt{A}},
$$

provided that

$$
\begin{equation*}
M(h)-m(h) \geq C \mu \ln \frac{h}{h^{\prime}} \geq \frac{C \mu}{\sqrt{A}} \tag{4.10}
\end{equation*}
$$

with a sufficiently large constant $C$ independent of $A$. Note that (4.10) follows from (4.2) when the constant $N$ is sufficiently large. Thus, under the assumption (4.2) with a sufficiently large $N$, the curves $\gamma_{m}$ and $\gamma_{M}$ do not intersect in the region $\mathcal{D}\left(h, h^{\prime}\right)=\left\{\mathbf{x}: h^{\prime}<H(\mathbf{x})<h\right\}$ between $\mathcal{L}(h)$ and $\mathcal{L}\left(h^{\prime}\right)$.

Observe that if (4.2) holds then not only the curves $\gamma_{m}$ and $\gamma_{M}$ do not intersect in $\mathcal{D}\left(h, h^{\prime}\right)$ but also

$$
\begin{equation*}
\zeta\left(\gamma_{M}(t)\right)-\zeta\left(\gamma_{m}(s)\right) \geq C(M(h)-m(h)) \tag{4.11}
\end{equation*}
$$

for all $t$ and $s$ such that $\gamma_{M}(t)$ and $\gamma_{m}(s)$ are in $\mathcal{D}\left(h, h^{\prime}\right)$. As a consequence, neither of the curves $\gamma_{m}$ or $\gamma_{M}$ may wrap around the level set $\mathcal{L}(h)$. Indeed, if one of them did, the fact that they do not intersect would imply that the other curve would do the same. Then, as the width of $\mathcal{D}\left(h, h^{\prime}\right)$ is of the order $C / \sqrt{A}$, (4.2) and (4.11) would imply a lower bound

$$
\mu=\int|\nabla \zeta|^{2} \frac{d x d y}{|\mathcal{C}|} \geq C(M(h)-m(h))^{2} \sqrt{A} \geq C N^{2} \mu
$$

which is impossible if $N$ is sufficiently large. We conclude that it follows from (4.2) that neither $\gamma_{m}$ nor $\gamma_{M}$ wrap around the level set $\mathcal{L}(h)$.

We now consider two cases: whether one of $\gamma_{m}$ or $\gamma_{M}$ intersects a circle $U_{j}$ before intersecting $\mathcal{L}\left(h^{\prime}\right)$ or not.

Case 1. Neither $\gamma_{m}$ nor $\gamma_{M}$ intersect any of $U_{j}$.
Let $\mathcal{R}$ be a domain bounded by the two gradient curves $\gamma_{M}, \gamma_{m}$, and parts of the level sets $\gamma=\mathcal{L}(h)$ and $\gamma^{\prime}=\mathcal{L}\left(h^{\prime}\right)$ (see Figure 4.1). We integrate (3.6) over $\mathcal{R}$ and obtain

$$
\begin{equation*}
\int_{\gamma \cup \gamma^{\prime}} n \cdot \nabla \zeta d s-\frac{\mu}{2 \pi^{2}} \int_{\gamma_{m}} \frac{n \cdot \nabla H}{H} d s-A \int_{\gamma_{m} \cup \gamma_{M}} \zeta(n \cdot u) d s=\mu|\mathcal{R}|-\int_{\mathcal{R}}|\nabla \zeta|^{2} d x . \tag{4.12}
\end{equation*}
$$

For the last integral above we have a simple bound

$$
\begin{equation*}
\int_{\mathcal{R}}|\nabla \zeta|^{2} d x \leq \mu . \tag{4.13}
\end{equation*}
$$

## H=h'



Figure 4.1: The domain $\mathcal{R}$ is shaded.
As the curve $\gamma_{m}$ does not wrap around the level set $\mathcal{L}(h)$, the second term on the left-hand side may be bounded, using the fact that $h \geq h_{0}$, as follows:

$$
\begin{equation*}
\left|\int_{\gamma_{m}} \frac{n \cdot \nabla H}{H} d s\right|=\left|\int_{\gamma_{m}^{\prime}} \frac{n \cdot \nabla H}{H} d s\right|+\left|\int_{\Omega_{m}}\left(2 \pi^{2}+\left|\frac{\nabla H}{H}\right|^{2}\right)\right| \leq C . \tag{4.14}
\end{equation*}
$$

Here $\gamma_{m}^{\prime}$ is any other path connecting the endpoints of $\gamma_{m}$ (that we may take to have the length of order one), while $\Omega_{m}$ is the domain bounded by $\gamma_{m}$ and $\gamma_{m}^{\prime}$.

We also recall the following fact (see (3.7) in [18]). Let $\gamma:[0,1] \rightarrow \mathcal{D}(\alpha, \beta)$ be any smooth curve of finite length that connects the level sets $\mathcal{L}(\alpha)$ and $\mathcal{L}(\beta): \gamma(0) \in \mathcal{L}(\alpha), \gamma(1) \in \mathcal{L}(\beta)$. Fix the normal $n$ to $\gamma$ so that $u \cdot n>0$ for $t$ sufficiently small, then $u \cdot n(\tau(\xi))>0$ for all $\xi$ between $\alpha$ and $\beta$, with $\tau(\xi)=\sup \{t: \gamma(t) \in \mathcal{L}(\xi)\}$. That is, " $u \cdot n$ is positive when a streamline of $u$ intersects $\gamma$ for the last time." Let $f(\mathbf{x}) \geq 0$ be a continuous function monotonically increasing along $\gamma$. Then we have

$$
\begin{equation*}
F(\alpha, \beta) \inf _{\mathbf{x} \in \gamma} f \leq \int_{\gamma}(u \cdot n) f d s \leq F(\alpha, \beta) \sup _{\mathbf{x} \in \gamma} f, \tag{4.15}
\end{equation*}
$$

where $F(\alpha, \beta)$ is the flux

$$
F(\alpha, \beta)=\int_{\gamma_{o}} n \cdot u d s
$$

Here $\gamma_{o}$ is any curve connecting the two level sets $\mathcal{L}(\alpha)$ and $\mathcal{L}(\beta)$.
We apply (4.15) to estimate the last term on the left side in (4.12). We have

$$
\begin{equation*}
F\left(h, h^{\prime}\right) M(h) \leq \int_{\gamma_{M}} \zeta(u \cdot n) d s \tag{4.16}
\end{equation*}
$$

and

$$
\int_{\gamma_{m}} \zeta_{0}(u \cdot n) d s \leq F\left(h, h^{\prime}\right)\left[m(h)+\frac{\mu}{2 \pi^{2}} \ln h\right] .
$$

The latter inequality implies that

$$
\begin{align*}
\int_{\gamma_{m}} \zeta(u \cdot n) d s & \leq F\left(h, h^{\prime}\right)\left[m(h)+\frac{\mu}{2 \pi^{2}} \ln h\right]-\frac{\mu}{2 \pi^{2}} \int_{\gamma_{m}}(u \cdot n) \ln \left(H\left(\gamma_{m}(s)\right) d s\right. \\
& =m(h) F\left(h, h^{\prime}\right)+\frac{\mu}{2 \pi^{2}} \int_{\gamma_{m}}(u \cdot n) \ln \left(\frac{h}{H\left(\gamma_{m}(s)\right)}\right) d s . \tag{4.17}
\end{align*}
$$

As a consequence of the balance (4.12), the drop estimate (4.11) and the bounds (4.13), (4.14), the inequalities (4.16) and (4.17) imply that

$$
\begin{align*}
(M(h)-m(h)) F\left(h, h^{\prime}\right) & \leq \frac{\mu}{A}(|\mathcal{R}|+1)+\frac{1}{A} \int_{\gamma \cup \gamma^{\prime}}|n \cdot \nabla \zeta| d s+\frac{C \mu}{A}  \tag{4.18}\\
& +\frac{\mu}{2 \pi^{2}} \int_{\gamma_{o}}(u \cdot n) \ln \left[\frac{h}{H\left(\gamma_{o}(s)\right)}\right] d s
\end{align*}
$$

Here $\gamma_{o}$ is any curve connecting the two level sets, and $F\left(h, h^{\prime}\right)$ is the flux between the level sets $\mathcal{L}(h)$ and $\mathcal{L}\left(h^{\prime}\right)$. We used above the fact that the integral

$$
\int_{\gamma} f(H(\gamma(s))(u \cdot n) d s
$$

is independent of the choice of the curve $\gamma$ connecting two level sets.
Note that assumption (4.2) implies that

$$
\begin{equation*}
M(h)-m(h) \geq 10 \mu \ln \frac{h}{h^{\prime \prime}} \tag{4.19}
\end{equation*}
$$

for all $h^{\prime}=h-\frac{1}{\sqrt{A}}<h^{\prime \prime}<h$, provided that $N$ is sufficiently large. Therefore, in that case the left side in (4.18) dominates the last integral on the right and it follows that

$$
\begin{equation*}
(M(h)-m(h)) F\left(h, h^{\prime}\right) \leq \frac{C \mu}{A}+\frac{C}{A} \int_{\gamma \cup \gamma^{\prime}}|n \cdot \nabla \zeta| d s . \tag{4.20}
\end{equation*}
$$

We now integrate on a sub-strip strictly inside $\mathcal{D}\left(h, h^{\prime}\right)$. We use inequality (4.20) for a pair of level sets $\mathcal{L}\left(\left(h+h^{\prime}\right) / 2+H\right)$ and $\mathcal{L}\left(h^{\prime}+H\right)$ with $0 \leq H \leq \frac{h-h^{\prime}}{2}=\frac{1}{2 \sqrt{A}}$ to obtain

$$
\begin{align*}
& \left(M\left(\frac{h+h^{\prime}}{2}+H\right)-m\left(\frac{h+h^{\prime}}{2}+H\right)\right) F\left(\frac{h+h^{\prime}}{2}+H, h^{\prime}+H\right) \\
& \leq \frac{C}{A} \int_{\mathcal{L}\left(\frac{h+h^{\prime}}{2}+H\right)}\left|\frac{\partial \zeta}{\partial n}\right| d s+\frac{C}{A} \int_{\mathcal{L}\left(h^{\prime}+H\right)}\left|\frac{\partial \zeta}{\partial n}\right| d s+\frac{C \mu}{A} . \tag{4.21}
\end{align*}
$$

However, we have

$$
M(h)-m(h) \leq M\left(\frac{h+h^{\prime}}{2}+H\right)-m\left(\frac{h+h^{\prime}}{2}+H\right)+\frac{\mu}{2 \pi^{2}} \ln \frac{h}{\frac{h+h^{\prime}}{2}+H} .
$$

according to the oscillation inequality (4.5). Recalling (4.19) we obtain

$$
M(h)-m(h) \leq C\left(M\left(\frac{h+h^{\prime}}{2}+H\right)-m\left(\frac{h+h^{\prime}}{2}+H\right)\right) .
$$

Therefore, we get from (4.21)

$$
\begin{equation*}
(M(h)-m(h)) F\left(\frac{h+h^{\prime}}{2}+H, \beta+H\right) \leq \frac{C}{A} \int_{\mathcal{L}\left(\frac{h+h^{\prime}}{2}+H\right)}\left|\frac{\partial \zeta}{\partial n}\right| d s+\frac{C}{A} \int_{\mathcal{L}\left(h^{\prime}+H\right)}\left|\frac{\partial \zeta}{\partial n}\right| d s+\frac{C \mu}{A} . \tag{4.22}
\end{equation*}
$$

We integrate (4.22) with respect to $H \in(0,1 /(2 \sqrt{A}))$ to obtain

$$
\begin{equation*}
(M(h)-m(h)) \int_{0}^{1 /(2 \sqrt{A})} F\left(\frac{h+h^{\prime}}{2}+H, h^{\prime}+H\right) d H \leq \frac{C}{A} \int_{h^{\prime}}^{h} \int_{\mathcal{L}(H)}\left|\frac{\partial \zeta}{\partial n}\right| d s d H+\frac{C \mu}{A^{3 / 2}} . \tag{4.23}
\end{equation*}
$$

Furthermore, as $h>h_{0}$, the first integral on the right side of (4.23) may be estimated as

$$
\begin{align*}
& \int_{h^{\prime}}^{h} \int_{\mathcal{L}(H)}|n \cdot \nabla \zeta| d s d H \leq C \int_{\mathcal{D}\left(h, h^{\prime}\right)}|n \cdot \nabla \zeta| d x  \tag{4.24}\\
& \leq C\left|\mathcal{D}\left(h, h^{\prime}\right)\right|^{1 / 2} \sqrt{\int_{\mathcal{D}\left(h, h^{\prime}\right)}|\nabla \zeta|^{2} d x} \leq C \sqrt{\left|h-h^{\prime}\right|} \sqrt{\mu}=C \frac{\sqrt{\mu}}{A^{1 / 4}}
\end{align*}
$$

The left side of (4.23) satisfies

$$
(M(h)-m(h)) \int_{0}^{\left(h-h^{\prime}\right) / 2} F\left(\frac{h+h^{\prime}}{2}+H, h^{\prime}+H\right) d H \geq C(M(h)-m(h))\left(h-h^{\prime}\right)^{2}=\frac{C}{A}(M(h)-m(h)) .
$$

We arrive at

$$
\frac{1}{A}(M(h)-m(h)) \leq C\left[A^{-5 / 4} \sqrt{\mu}+A^{-3 / 2} \mu\right]
$$

so that

$$
\begin{equation*}
M(h)-m(h) \leq C\left[\frac{\sqrt{\mu}}{A^{1 / 4}}+\frac{\mu}{\sqrt{A}}\right] . \tag{4.25}
\end{equation*}
$$

This contradicts (4.2) if $N$ is sufficiently large, as the constant $C$ in (4.25) does not depend on the choice of the constant $N$ in (4.2). Therefore, (4.2) is impossible if $N$ is large enough. Hence the proof of Theorem 4.1 in the case, when neither of the curves $\gamma_{m}$ and $\gamma_{M}$ intersects any of the circles $U_{j}$, is complete.

Case 2. One of the curves $\gamma_{m}$ or $\gamma_{M}$ intersects one of the circles $U_{j}$.
Let $\mathcal{R}$ be a domain bounded by the curves $\gamma_{M}$ and $\gamma_{m}$ (that now includes parts of some of the circles $U_{j}$ ) and parts of the level sets $\gamma=\mathcal{L}(h)$ and $\gamma^{\prime}=\mathcal{L}\left(h^{\prime}\right)$. We integrate (3.6) over $\mathcal{R}$ and obtain

$$
\begin{align*}
& \int_{\gamma \cup \gamma^{\prime}} \frac{\partial \zeta}{\partial n} d s+\sum_{k=1}^{N_{A}} \int_{\gamma_{M} \cap \partial U_{k}} \frac{\partial \zeta}{\partial n} d s+\sum_{k=1}^{N_{A}} \int_{\gamma_{m} \cap \partial U_{k}} \frac{\partial \zeta}{\partial n} d s-\frac{\mu}{2 \pi^{2}} \sum_{k=1}^{N_{A}} \int_{\gamma_{M} \cap \partial U_{k}} \frac{n \cdot \nabla H}{H} d s \\
& -\frac{\mu}{2 \pi^{2}} \int_{\gamma_{m}} \frac{n \cdot \nabla H}{H} d s+A \int_{\gamma_{m} \cup \gamma_{M}} \zeta(n \cdot u) d s=\mu|\mathcal{R}|-\int_{\mathcal{R}}|\nabla \zeta|^{2} d x d y . \tag{4.26}
\end{align*}
$$

The first integral in the second line of (4.26) still satisfies the estimate (4.14) without any changes. The last term on the first line in (4.26) satisfies a simple estimate

$$
\begin{equation*}
\left|\sum_{k=1}^{N_{A}} \int_{\gamma_{M} \cap \partial U_{k}} \frac{n \cdot \nabla H}{H} d s\right| \leq C N_{A} r, \tag{4.27}
\end{equation*}
$$

where $r$ is the radius of each circle $U_{j}$. Hence it can be made arbitrarily small by taking a sufficiently small $r>0$.

Similarly, taking $r$ sufficiently small we may ensure that $|\nabla \zeta|<\delta$ on all the circles $U_{j}$. Then we have

$$
\begin{equation*}
\left|\sum_{k=1}^{N_{A}} \int_{\gamma_{M} \cap \partial U_{k}} \frac{\partial \zeta}{\partial n} d s\right| \leq C N_{A} \delta r, \tag{4.28}
\end{equation*}
$$

with an identical estimate for the curve $\gamma_{m}$.
We may not apply the inequality (4.15) to the function $\zeta$ along $\gamma_{M}$, or $\zeta_{0}$ along $\gamma_{m}$, as their monotonicity may be broken along the pieces of the circles $U_{j}$. However, we may modify the function $\zeta_{M}$ along these segments so as to make the modified function $\tilde{\zeta}$ be monotonic along the whole curve $\gamma_{M}$. The oscillation estimate (4.8) implies that the error thus created is bounded as

$$
\begin{equation*}
\left|\int_{\gamma_{M}} \tilde{\zeta}(u \cdot n) d s-\int_{\gamma_{M}} \zeta(u \cdot n) d s\right| \leq \frac{C \delta N_{A}}{1+N_{A}} \leq C \delta . \tag{4.29}
\end{equation*}
$$

As $\delta$ and $r$ are arbitrarily small, the above estimates allow us to recover (4.20). The proof of Theorem 4.1 then proceeds as in Case 1 .

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