## Math 395. Quadratic spaces over $\mathbf{R}$

## 1. Algebraic preliminaries

Let $V$ be a vector space over a field $F$. Recall that a quadratic form on $V$ is a map $Q: V \rightarrow F$ such that $Q(c v)=c^{2} Q(v)$ for all $v \in V$ and $c \in F$, and such that the symmetric pairing $\beta_{Q}: V \times V \rightarrow F$ defined by $\beta_{Q}(v, w)=Q(v+w)-Q(v)-Q(w)$ is bilinear. (The explicit coordinatized description, sometimes presented as the definition, will be given shortly.) A quadratic space over $F$ is a pair ( $V, Q$ ) consisting of a vector space $V$ over $F$ and a quadratic form $Q$ on $V$.

Note that $\beta_{Q}(v, v)=Q(2 v)-2 Q(v)=2 Q(v)$, so as long as $1+1 \neq 0$ in $F$ we can run the procedure in reverse: for any symmetric bilinear pairing $B: V \times V \rightarrow F, Q_{B}(v)=B(v, v)$ is a quadratic form on $V$ and the two operations $Q \mapsto B_{Q}=\beta_{Q} / 2$ and $B \mapsto Q_{B}$ are inverse bijections between quadratic forms on $V$ and symmetric bilinear forms on $V$. Over general fields, one cannot recover $Q$ from $\beta_{Q}$. (Example: $q(x)=x^{2}$ and $Q(x)=0$ on $V=F$ have $\beta_{q}=0=\beta_{Q}$ when $2=0$ in $F$, yet $q \neq 0$.) When $2 \neq 0$ in $F$, we say that $Q$ is non-degenerate exactly when the associated symmetric bilinear pairing $B_{Q}=\beta_{Q} / 2: V \times V \rightarrow F$ is perfect (that is, the associated self-dual linear map $V \rightarrow V^{\vee}$ defined by $v \mapsto B_{Q}(v, \cdot)=B_{Q}(\cdot, v)$ is an isomorphism, or more concretely the "matrix" of $B_{Q}$ with respect to a basis of $V$ is invertible). In other cases (with $2 \neq 0$ in $F$ ) we say $Q$ is degenerate.

If $\operatorname{dim} V=n$ is finite and positive, and we choose a basis $\left\{e_{1}, \ldots, e_{n}\right\}$ of $V$, then for $v=\sum x_{i} e_{i}$ we have

$$
Q(v)=Q\left(\sum_{i<n} x_{i} e_{i}+x_{n} e_{n}\right)=Q\left(\sum_{i<n} x_{i} e_{i}\right)+Q\left(x_{n} e_{n}\right)+\beta_{Q}\left(\sum_{i<n} x_{i} e_{i}, x_{n} e_{n}\right),
$$

and bilinearity gives the last term as $\sum_{i<n} c_{i n} x_{i} x_{n}$ with $c_{i n}=\beta_{Q}\left(e_{i}, e_{n}\right) \in F$. Also, $Q\left(x_{n} e_{n}\right)=$ $c_{n n} x_{n}^{2}$ with $c_{n n}=Q\left(e_{n}\right) \in F$. Hence, inducting on the number of terms in the sum readily gives

$$
Q\left(\sum x_{i} e_{i}\right)=\sum_{i \leq j} c_{i j} x_{i} x_{j}
$$

with $c_{i j} \in F$, and conversely any such formula is readily checked to define a quadratic form. Note also that the $c_{i j}$ 's are uniquely determined by $Q$ (and the choice of basis): the formula forces $Q\left(e_{i}\right)=c_{i i}$, and then setting $x_{i}=x_{j}=1$ for some $i<j$ and setting all other $x_{k}=0$ gives $Q\left(e_{i}+e_{j}\right)=c_{i j}+c_{i i}+c_{j j}$, so indeed $c_{i j}$ is uniquely determined. One could therefore say that a quadratic form "is" a homogeneous quadratic polynomial in the linear coordinates $x_{i}$ 's, but this coordinatization tends to hide underlying structure and make things seem more complicated than necessary, much like in the study of "matrix algebra" without the benefit of the theory of vector spaces and linear maps.

Example 1.1. Suppose $2 \neq 0$ in $F$, so we have seen that there is a bijective correspondence between symmetric bilinear forms on $V$ and quadratic forms on $V$; this bijection is even linear with respect to the evident linear structures on the sets of symmetric bilinear forms on $V$ and quadratic forms on $V$ (using pointwise operations; $\left(a_{1} B_{1}+a_{2} B_{2}\right)\left(v, v^{\prime}\right)=a_{1} B_{1}\left(v, v^{\prime}\right)+a_{2} B_{2}\left(v, v^{\prime}\right)$, which one checks is symmetric bilinear, and $\left(a_{1} Q_{1}+a_{2} Q_{2}\right)(v)=a_{1} Q_{1}(v)+a_{2} Q_{2}(v)$ which as a function from $V$ to $F$ is checked to be a quadratic form). Let us make this bijection concrete, as follows. In class we saw that if we fix an ordered basis $\mathbf{e}=\left\{e_{1}, \ldots, e_{n}\right\}$ of $V$ then we can describe a symmetric bilinear $B: V \times V \rightarrow F$ in terms of the matrix $[B]={ }_{\mathrm{e}^{\vee}\left[\varphi_{\ell}\right]_{\mathrm{e}}}=\left(b_{i j}\right)$ for the "left/right-pairing" map $\varphi_{\ell}=\varphi_{r}$ from $V$ to $V^{\vee}$ defined by $v \mapsto B(v, \cdot)=B(\cdot, v)$, namely $b_{i j}=B\left(e_{j}, e_{i}\right)=B\left(e_{i}, e_{j}\right)$. However, in terms of the dual linear coordinates $\left\{x_{i}=e_{i}^{*}\right\}$ we have just seen that we can uniquely write $Q_{B}: V \rightarrow F$ as $Q_{B}(v)=\sum_{i \leq j} c_{i j} x_{i}(v) x_{j}(v)$. What is the relationship between the $c_{i j}$ 's and the $b_{i j}$ 's?

We simply compute: for $v=\sum x_{i} e_{i}$, bilinearity of $B$ implies that $Q_{B}(v)=B(v, v)$ is given by

$$
\sum x_{i} x_{j} B\left(e_{i}, e_{j}\right)=\sum_{i} B\left(e_{i}, e_{i}\right) x_{i}^{2}+\sum_{i<j}\left(B\left(e_{i}, e_{j}\right)+B\left(e_{j}, e_{i}\right)\right) x_{i} x_{j}=\sum_{i} b_{i i} x_{i}^{2}+\sum_{i<j} 2 b_{i j} x_{i} x_{j},
$$

where $b_{i j}=B\left(e_{j}, e_{i}\right)=B\left(e_{i}, e_{j}\right)=b_{j i}$. Hence, $c_{i i}=b_{i i}$ but for $i<j$ we have $c_{i j}=2 b_{i j}=b_{i j}+b_{j i}$. Thus, for $B$ and $Q$ that correspond to each other, given the polynomial $[Q]$ for $Q$ with respect to a choice of basis of $V$, we "read off" the symmetric matrix $[B]$ describing $B$ (in the same linear coordinate system) as follows: the $i$-diagonal entry of $[B]$ is the coefficient of the square term $x_{i}^{2}$ in $Q$, and the "off-diagonal" matrix entry $b_{i j}$ for $i \neq j$ is given by half the coefficient for $x_{i} x_{j}=x_{j} x_{i}$ appearing in $[Q]$ (recall $2 \neq 0$ in $F$ ). For example, if $Q(x, y, z)=x^{2}+7 y^{2}-3 z^{2}+4 x y+3 x z-5 y z$ then the corresponding symmetric bilinear form $B$ is computed via the symmetric matrix

$$
[B]=\left(\begin{array}{ccc}
1 & 2 & 3 / 2 \\
2 & 7 & -5 / 2 \\
3 / 2 & -5 / 2 & -3
\end{array}\right)
$$

Going in the other direction, if someone hands us a symmetric matrix $[B]=\left(b_{i j}\right)$ then we "add across the main diagonal" to compute that the corresponding homogeneous quadratic polynomial $[Q]$ is $\sum_{i} b_{i i} x_{i}^{2}+\sum_{i<j}\left(b_{i j}+b_{j i}\right) x_{i} x_{j}=\sum_{i} b_{i i} x_{i}^{2}+\sum_{i<j} 2 b_{i j} x_{i} x_{j}$.

It is an elementary algebraic fact (to be proved in a moment) for any field $F$ in which $2 \neq 0$ that, relative to some basis $\mathbf{e}=\left\{e_{1}, \ldots, e_{n}\right\}$ of $V$, we can express $Q$ in the form $Q=\sum \lambda_{i} x_{i}^{2}$ for some scalars $\lambda_{1}, \ldots, \lambda_{n}$ (some of which may vanish). In other words, we can "diagonalize" $Q$, or rather the "matrix" of $B_{Q}$ (and so the property that some $\lambda_{i}$ vanishes is equivalent to the intrinsic property that $Q$ is degenerate). To see why this is, we note that $Q$ is uniquely determined by $B_{Q}$ (as $1+1 \neq 0$ in $F$ ) and in terms of $B_{Q}$ this says that the basis consists of vectors $\left\{e_{1}, \ldots, e_{n}\right\}$ that are mutually perpendicular with respect to $B_{Q}$ (i.e., $B_{Q}\left(e_{i}, e_{j}\right)=0$ for all $i \neq j$ ). Thus, we can restate the assertion as the general claim that if $B: V \times V \rightarrow F$ is a symmetric bilinear pairing then there exists a basis $\left\{e_{i}\right\}$ of $V$ such that $B\left(e_{i}, e_{j}\right)=0$ for all $i \neq j$. To prove this we may induct on $\operatorname{dim} V$, the case $\operatorname{dim} V=1$ being clear. In general, if $n=\operatorname{dim} V>1$ then we first choose a nonzero $e_{n} \in V$ and we note that $v \mapsto B\left(e_{n}, v\right)=B\left(v, e_{n}\right)$ is a linear functional on $V$. Thus, either its kernel is a hyperplane or is all of $V$, and so either way the kernel contains a hyperplane $H$. We use induction for $B$ restricted to $H \times H$ to find a suitable $e_{1}, \ldots, e_{n-1}$ that, together with $e_{n}$, solve the problem.

## 2. Some generalities over $\mathbf{R}$

Now assume that $F=\mathbf{R}$. Since all positive elements of $\mathbf{R}$ are squares, after first passing to a basis of $V$ that "diagonalizes" $Q$ (which, as we have seen, is a purely algebraic fact), we can rescale the basis vectors using $e_{i}^{\prime}=e_{i} / \sqrt{\left|\lambda_{i}\right|}$ when $\lambda_{i} \neq 0$ to get (upon reordering the basis)

$$
Q=x_{1}^{\prime 2}+\cdots+x_{r}^{\prime 2}-x^{\prime 2}{ }_{r+1}-\cdots-x^{\prime 2}{ }_{r+s}
$$

for some $r, s \geq 0$ with $r+s \leq \operatorname{dim} V$. Let $t=\operatorname{dim} V-r-s \geq 0$ denote the number of "missing variables" in such a diagonalization (so $t=0$ if and only $Q$ is non-degenerate). The value of $r$ here is just the number of $\lambda_{i}$ 's which were positive, $s$ is the number of $\lambda_{i}$ 's which were negative, and $t$ is the number of $\lambda_{i}$ 's which vanish. The values $r, s, t$ a priori may seem to depend on the original choice of ordered basis $\left\{e_{1}, \ldots, e_{n}\right\}$.

To shed some light on the situation, we introduce some terminology that is specific to the case of the field $\mathbf{R}$. The quadratic form $Q$ is positive-definite if $Q(v)>0$ for all $v \in V-\{0\}$, and $Q$ is negative-definite if $Q(v)<0$ for all $v \in V-\{0\}$. Since $Q(v)=B_{Q}(v, v)$ for all $v \in V$, clearly if $Q$ is
either positive-definite or negative-definite then $Q$ is non-degenerate. In terms of the diagonalization with all coefficients equal to $\pm 1$ or 0 , positive-definiteness is equivalent to the condition $r=n$ (and so this possibility is coordinate-independent), and likewise negative-definiteness is equivalent to the condition $s=n$. In general we define the null cone to be

$$
C=\{v \in V \mid Q(v)=0\},
$$

so for example if $V=\mathbf{R}^{3}$ and $Q(x, y, z)=x^{2}+y^{2}-z^{2}$ then the null cone consists of vectors $\left(x, y, \pm \sqrt{x^{2}+y^{2}}\right)$ and this is physically a cone (or really two cones with a common vertex at the origin and common central axis). In general $C$ is stable under scaling and so if it is not the origin then it is a (generally infinite) union of lines through the origin; for $\mathbf{R}^{2}$ and $Q(x, y)=x^{2}-y^{2}$ it is a union of two lines.

Any vector $v$ not in the null cone satisfies exactly one of the two possibilities $Q(v)>0$ or $Q(v)<0$, and we correspondingly say (following Einstein) that $v$ is space-like or time-like (with respect to $Q$ ). The set $V^{+}$of space-like vectors is an open subset of $V$, as is the set $V^{-}$of timelike vectors. These open subsets are disjoint and cover the complement of the null cone. In the preceding example with $Q(x, y)=x^{2}-y^{2}$ on $V=\mathbf{R}^{2}, V^{+}$and $V^{-}$are each disconnected (as drawing a picture shows quite clearly). This is atypical:

Lemma 2.1. The open set $V^{+}$in $V$ is non-empty and path-connected if $r>1$, with $r$ as above in terms of a diagonalizing basis for $Q$, and similarly for $V^{-}$if $s>1$.

Proof. By replacing $Q$ with $-Q$ if necessary, we may focus on $V^{+}$. Obviously $V^{+}$if non-empty if and only if $r>0$, so we may now assume $r \geq 1$. We have

$$
Q\left(x_{1}, \ldots, x_{n}\right)=x_{1}^{2}+\cdots+x_{r}^{2}-x_{r+1}^{2}-\cdots-x_{r+s}^{2}
$$

with $r \geq 1$ and $0 \leq s \leq n-r$. Choose $v, v^{\prime} \in V^{+}$, so $x_{j}(v) \neq 0$ for some $1 \leq j \leq r$. We may move along a line segment contained in $V^{+}$to decrease all $x_{j}(v)$ to 0 for $j>r$ (check!), and similarly for $v^{\prime}$, so for the purposes of proving connectivity we can assume $x_{j}(v)=x_{j}\left(v^{\prime}\right)=0$ for all $j>r$. If $r>1$ then $v$ and $v^{\prime}$ lie in the subspace $W=\operatorname{span}\left(e_{1}, \ldots, e_{r}\right)$ of dimension $r>1$ on which $Q$ has positive-definite restriction. Hence, $W-\{0\} \subseteq V^{+}$, and $W-\{0\}$ is path-connected since $\operatorname{dim} W>1$.

The basis giving such a diagonal form is simply a basis consisting of $r$ space-like vectors, $s$ timelike vectors, and $n-(r+s)$ vectors on the null cone such that all $n$ vectors are $B_{Q}$-perpencidular to each other. In general such a basis is rather non-unique, and even the subspaces

$$
V_{+, \mathbf{e}}=\operatorname{span}\left(e_{i} \mid \lambda_{i}>0\right), \quad V_{-, \mathrm{e}}=\operatorname{span}\left(e_{i} \mid \lambda_{i}<0\right)
$$

are not intrinsic. For example, if $V=\mathbf{R}^{2}$ and $Q(x, y)=x^{2}-y^{2}$ then we can take $\left\{e_{1}, e_{2}\right\}$ to be either $\{(1,0),(0,1)\}$ or $\{(2,1),(1,2)\}$, and we thereby get different spanning lines. Remarkably, it turns out that the values

$$
r_{\mathbf{e}}=\left|\left\{i \mid \lambda_{i}>0\right\}\right|=\operatorname{dim} V_{+, \mathbf{e}}, \quad s_{\mathbf{e}}=\left|\left\{i \mid \lambda_{i}<0\right\}\right|=\operatorname{dim} V_{-, \mathbf{e}}, \quad t_{\mathbf{e}}=\left|\left\{i \mid \lambda_{i}=0\right\}\right|=\operatorname{dim} V-r_{\mathbf{e}}-s_{\mathbf{e}}
$$ are independent of the choice of "diagonalizing basis" e for $Q$. One thing that is clear right away is that the subspace

$$
V_{0, \mathbf{e}}=\operatorname{span}\left(e_{i} \mid \lambda_{i}=0\right)
$$

is actually intrinsic to $V$ and $Q$ : it is the set of $v \in V$ that are $B_{Q}$-perpendicular to the entirety of $V: B_{Q}(v, \cdot)=0$ in $V^{\vee}$. (Beware that this is not the set of $v \in V$ such that $Q(v)=0$; this latter set is the null cone $C$, and it is never a linear subspace of $V$ when it contains nonzero points.)

## 3. Algebraic proof of well-definedness of the signature

Theorem 3.1. Let $V$ be a finite-dimensional $\mathbf{R}$ vector space, and $Q$ a quadratic form on $V$. Let $\mathbf{e}$ be a diagonalizing basis for $Q$ on $V$. The quantities $\operatorname{dim} V_{+, \mathbf{e}}$ and $\operatorname{dim} V_{-, \mathbf{e}}$ are independent of $\mathbf{e}$.

We'll prove this theorem using algebraic methods in a moment (and a longer, but more illuminating, proof by connectivity considerations will be given later in the course). In view of the intrinsic nature of the number of positive coefficients and negative coefficients in a diagonal form for $Q$ (even though the specific basis giving rise to such a diagonal form is highly non-unique), we are motivated to make the:
Definition 3.2. Let $Q$ be a quadratic form on a finite-dimensional $\mathbf{R}$-vector space $V$. We define the signature of $(V, Q)$ (or of $Q$ ) to be the ordered pair of non-negative integers $(r, s)$ where $r=\operatorname{dim} V_{+, \mathrm{e}}$ and $s=\operatorname{dim} V_{-, \mathbf{e}}$ respectively denote the number of positive and negative coefficients for a diagonal form of $Q$. In particular, $r+s \leq \operatorname{dim} V$ with equality if and only if $Q$ is non-degenerate.

The signature is an invariant that is intrinsically attached to the finite-dimensional quadratic space $(V, Q)$ over $\mathbf{R}$. In the study of quadratic spaces over $\mathbf{R}$ with the fixed dimension, it is really the "only" invariant. Indeed, we have:
Corollary 3.3. Let $(V, Q)$ and $\left(V^{\prime}, Q^{\prime}\right)$ be finite-dimensional quadratic spaces over $\mathbf{R}$ with the same finite positive dimension. The signatures coincide if and only if the quadratic spaces are isomorphic; i.e., if and only if there exists a linear isomorphism $T: V \simeq V$ with $Q^{\prime}(T(v))=Q(v)$ for all $v \in V$.

This corollary makes precise the fact that the signature and dimension are the only isomorphism class invariants in the algebraic classification of finite-dimensional quadratic spaces over R. However, even when the signature is fixed, there is a lot more to do than mere algebraic classification. There's a lot of geometry in the study of quadratic spaces over $\mathbf{R}$, so the algebraic classification via the signature is not the end of the story. We now prove the corollary, granting Theorem 3.1, and then we will prove Theorem 3.1.

Proof. Assume such a $T$ exists. If $\mathbf{e}$ is a digonalizing basis for $Q$, clearly $\left\{T\left(e_{i}\right)\right\}$ is a diagonalizing basis for $Q^{\prime}$ with the same diagonal coefficients, whence $Q^{\prime}$ has the same signature as $Q$. Conversely, if $Q$ and $Q^{\prime}$ have the same signatures $(r, s)$ there exist ordered bases $\mathbf{e}$ and $\mathbf{e}^{\prime}$ of $V$ and $V^{\prime}$ such that in terms of the corresponding linear coordinate systems $x_{1}, \ldots, x_{n}$ and $x_{1}^{\prime}, \ldots, x_{n}^{\prime}$ we have

$$
Q=x_{1}^{2}+\cdots+x_{r}^{2}-x_{r+1}^{2}-\cdots-x_{r+s}^{2}, \quad Q^{\prime}={x^{\prime}}_{1}^{2}+\cdots+{x^{\prime}}_{r}^{2}-{x^{\prime}}_{r+1}^{2}-\cdots-{x^{\prime}}_{r+s}^{2} .
$$

Note in particular that

$$
Q\left(\sum a_{i} e_{i}\right)=\sum_{i=1}^{r} a_{i}^{2}-\sum_{i=r+1}^{s} a_{i}^{2}=Q^{\prime}\left(\sum a_{i} e_{i}^{\prime}\right)
$$

for all $i$. Thus, if $T: V \rightarrow V^{\prime}$ is the linear map determined by $T\left(e_{i}\right)=e_{i}^{\prime}$ then $T$ sends a basis to a basis. Thus, $T$ is a linear isomorphism, and also

$$
Q^{\prime}\left(T\left(\sum a_{i} e_{i}\right)\right)=Q^{\prime}\left(\sum a_{i} e_{i}^{\prime}\right)=Q\left(\sum a_{i} e_{i}\right) .
$$

In other words, $Q^{\prime} \circ T=Q$, as desired.
Now we turn to the proof of the main theorem stated above.
Proof. Let $V_{0}=\left\{v \in V \mid B_{Q}(v, \cdot)=0\right\}$. Let $\mathbf{e}=\left\{e_{1}, \ldots\right\}$ be a diagonalizing basis of $V$ for $Q$, with $Q=\sum \lambda_{i} x_{i}^{2}$ relative to e-coordinates, where $\lambda_{1}, \ldots, \lambda_{r_{\mathrm{e}}}>0, \lambda_{r_{\mathrm{e}}+1}, \ldots, \lambda_{r_{\mathrm{e}}+s_{\mathrm{e}}}<0$, and $\lambda_{i}=0$ for $i>r_{\mathbf{e}}+s_{\mathbf{e}}$. Clearly $V_{0}=V_{0, \mathbf{e}}$.

Now we consider the subspaces $V_{+, \mathrm{e}}$ and $V_{-, \mathrm{e}}$. Since these subspaces (along with $V_{0}=V_{0, \mathrm{e}}$ ) are given as the span of parts of the basis e (chopped up into three disjoint pieces, some of which may be empty), we have a decomposition

$$
V=V_{+, \mathbf{e}} \oplus V_{-, \mathbf{e}} \oplus V_{0}
$$

with $B_{Q}\left(v^{+}, v^{-}\right)=0$ for all $v^{+} \in V_{+, \mathbf{e}}, v^{-} \in V_{-, \mathbf{e}}$ (due to the diagonal shape of $B_{Q}$ relative to the e-coordinates). Also, it is clear from the diagonal form of $Q$ that $Q\left(v^{+}\right) \geq 0$ for all $v^{+} \in V_{+, \mathbf{e}}$ with $Q\left(v^{+}\right)=0$ if and only if $v^{+}=0$ (since $Q$ on the subspace $V_{+, \mathrm{e}}$ is presented as the sum of squares of basis coordinates). Likewise, we have $Q\left(v^{-}\right) \leq 0$ for $v^{-} \in V^{-}$, with equality if and only if $v^{-}=0$.

In other words, the diagonalizing basis e for $Q$ on $V$ gives rise to a decomposition

$$
V=V^{+} \oplus V^{-} \oplus V_{0}
$$

of $V$ into subspaces, with

- $Q$ positive definite on $V^{+}$;
- $Q$ negative definite on $V^{-}$;
- $B_{Q}\left(v^{+}, v^{-}\right)=0$ for all $v^{+} \in V^{+}, v^{-} \in V^{-}$(and $V_{0}$ is the intrinsic subspace discussed above).
Note that conversely if we are given any such direct sum decomposition of $V$ with these listed properties, then upon choosing a diagonalizing basis for $\left.Q\right|_{V^{+}}$on $V^{+}$, for $\left.Q\right|_{V^{-}}$on $V^{-}$, and any basis of $V_{0}$, we obtain a diagonalizing basis for $Q$ on $V$. The point here is that the combined basis on $V$ yields a coordinatized version of $Q$ not only without "cross-terms" involving pairs of linear coordinates coming from the same subspace ( $V^{+}, V^{-}$, or $V_{0}$ ), but also without cross terms involving a linear coordinate from one of these subspaces and a linear coordinate from another one. This is exactly due to the fact that these three subspaces are "mutually perpendicular" with respect to $B_{Q}$ (note that elements of $V_{0}$ are even "perpendicular" to everything in $V$ ). This point of view provides a more intrinsic basis-free description of exactly the problem we aim to study.

Namely, we assume we are given two direct sum decompositions

$$
V=V^{+} \oplus V^{-} \oplus V_{0}=\widetilde{V}^{+} \oplus \widetilde{V}^{-} \oplus V_{0}
$$

with the properties as indicated above, and we want to prove

$$
\operatorname{dim} V^{+}=\operatorname{dim} \widetilde{V}^{+}, \quad \operatorname{dim} V^{-}=\operatorname{dim} \widetilde{V}^{-}
$$

We again emphasize that the actual subspaces of $V$ (e.g., $V^{+}$and $\widetilde{V}^{+}$) can be rather different from each other; we are merely claiming they must have the same dimension.

We will prove $\operatorname{dim} V^{+} \leq \operatorname{dim} \widetilde{V}^{+}$. By symmetry, such a general result with the roles of the decompositions reversed then yields the reverse inequality, whence we'll get equality. Then either applying this argument to $-Q$ (which then interchanges the roles of the plus and minus spaces) or else literally doing the same argument again (with mild changes) yields the corresponding dimension equality for the minus spaces. Thus, we now focus on proving

$$
\operatorname{dim} V^{+} \leq \operatorname{dim} \widetilde{V}^{+}
$$

One of the few natural ways to show one vector space has dimension bounded by that of another is to create a linear injection of the first space into the second space. This is what we will do: we shall construct a linear injection $V^{+} \hookrightarrow \widetilde{V}^{+}$by abstract means.

Consider the composite linear map

$$
V^{+} \hookrightarrow V=\tilde{V}^{+} \oplus \tilde{V}^{-} \oplus V_{0} \rightarrow \tilde{V}^{+}
$$

We will prove that this is injective, which will finish the proof (for reasons we have already indicated). Choose $v^{+} \in V^{+}$in the kernel of this composite map. In other words, relative to the direct sum decomposition

$$
V=\widetilde{V}^{+} \oplus \widetilde{V}^{-} \oplus V_{0}
$$

the vector $v^{+} \in V$ has vanishing first component, which is to say

$$
v^{+}=\widetilde{v}^{-}+v_{0}
$$

for some $\widetilde{v}^{-} \in \widetilde{V}^{-}$and $v_{0} \in V_{0}$. Now since $v^{+} \in V^{+}$, we have $Q\left(v^{+}\right) \geq 0$ with equality if and only if $v^{+}=0$. We will actually prove $Q\left(v^{+}\right) \leq 0$, whence indeed $Q\left(v^{+}\right)=0$ and so $v^{+}=0$ as desired.

We simply compute

$$
\begin{aligned}
Q\left(v^{+}\right)=B_{Q}\left(v^{+}, v^{+}\right) & =B_{Q}\left(\widetilde{v}^{-}+v_{0}, \widetilde{v}^{-}+v_{0}\right) \\
& =B_{Q}\left(\widetilde{v}^{-}, \widetilde{v}^{-}\right)+B_{Q}\left(\widetilde{v}^{-}, v_{0}\right)+B_{Q}\left(v_{0}, \widetilde{v}^{-}\right)+B_{Q}\left(v_{0}, v_{0}\right) \\
& =B_{Q}\left(\widetilde{v}^{-}, \widetilde{v}^{-}\right)+0+0+0 \\
& =Q\left(\widetilde{v}^{-}\right) \\
& \leq 0
\end{aligned}
$$

as desired. Note that this calculation uses the negative definiteness property of $Q$ on $\widetilde{V}^{-}$, as well as the fact that $B_{Q}\left(v_{0}, \cdot\right)=B_{Q}\left(\cdot, v_{0}\right)=0$ for all $v_{0} \in V_{0}$.

